

Farfield Primary School 2019 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mac 'N' Cheese <i>Pasta spirals in a tasty cheesy sauce</i>	Chinese Chicken Noodles A classic Chinese chicken noodle dish packed with flavour	Roast Chicken with Roast Potatoes and Gravy Traditional Roast dinner with Roast Chicken	Traditional Beef Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Salmon Fish Fingers ***and Chips A classic fish finger lunch Breaded Fish Fingers
Alternative Dish	Mexican Bean and Potato Wrap with a Rice side** <i>Tortilla wrap stuffed with fajita seasoned beans and cubed potato in a cheesy tomato sauce</i>	Cheese and Tomato Pizza ** with Potato Wedges Simple but classic!	Quorn Roast with Roast Potatoes and Gravy Traditional vegetarian roast with Quorn	Baked Bean and Cheese Wrap with Potato Wedges Commonly known as a Quesadilla, a twist on the classic with baked beans and cheese	Cheese and Sweetcorn Omelette with Chips A baked vegetarian omelette
Halal Dish	Mac 'N' Cheese <i>Pasta spirals in a tasty cheesy sauce</i>	Chinese Chicken Noodles A classic Chinese chicken noodle dish packed with flavour	Roast Chicken with Roast Potatoes and Gravy Traditional Roast dinner with Roast Chicken	Traditional Beef Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Salmon Fish Fingers *** and Chips A classic fish finger lunch
Vegetables	Broccoli and Cauliflower Medley Green Beans	Peas Carrots	Carrots Cabbage	Sweetcorn Mediterranean Vegetables	Baked Beans Peas
Desserts	Chocolate Slice *	Orange Drizzle Cake	Shortbread Biscuit With Fruit Slices*	Berry Flapjack	Peach and Chocolate Sponge with Custard

Jacket Potatoes, Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



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Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Spaghetti Bake A twist on the classic favourite Spaghetti Quorn Bolognese - baked and topped with melted cheese	Chicken Tikka Masala with a Rice side ** A classic mild and creamy curry	Roast Turkey with Roast Potatoes and Gravy Traditional Roast dinner with Roast Turkey	BBQ Beef Meatballs Delicious Texan inspired BBQ beef meatballs in a tomato sauce with pasta spirals**	Fish Fingers and Chips A classic fish finger lunch
Alternative Dish	Cheese and Tomato Pizza ** with Potato Wedges Simple but classic!	BBQ Quorn Burger with Potato Wedges Quorn burger served in a bun with lettuce, tomato slice and BBQ sauce	Sweet Potato and Chickpea Roast with Roast Potatoes with Gravy A twist on the classic vegetarian Roast with a Sweet Potato and Chickpea roast slice	Butternut Squash and Tomato Bake with a Rice side ** Veggie, tomato bake topped off with golden bread crumbs for an added crunch	Caramelised Red Onion and Mozzarella Tart with Chips Delicious light vegetarian tart
Halal Dish	Spaghetti Bake A twist on the classic favourite Spaghetti Quorn Bolognese - baked and topped with melted cheese	Chicken Tikka Masala with a Rice side ** A classic mild and creamy curry	Roast Chicken Roast Potatoes and Gravy Traditional Roast dinner with Roast Chicken	BBQ Chicken Meatballs Delicious Texan inspired BBQ chicken meatballs in a tomato sauce with pasta spirals**	Fish Fingers and Chips A classic fish finger lunch
Vegetables	Sweetcorn Broccoli	Peas Roasted Peppers and Sweetcorn	Roast Parsnip Carrots	Green Beans Broccoli and Cauliflower Medley	Baked Beans Peas
Desserts	Blueberry Frozen Yoghurt	Plum and Apple Shortcake Crumble* with Custard	Flapjack with Fruit Slices *	Chocolate Cake	Raspberry Yoghurt Cake

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p>Cheese, Ham and Tomato Pizza ** with Potato Wedges</p> <p>Simple but classic!</p>	<p>Pork Sausages with Mashed Potato and Gravy</p> <p>Simple but classic...sausage and mash</p>	<p>Roast Turkey with Roast Potatoes and Gravy</p> <p>Traditional Roast dinner with Roast Turkey</p>	<p>Beef Bolognese **</p> <p>A classic Italian beef Bolognese</p>	<p>Crispy Fish & Chips</p> <p>Traditional fish and chips dinner</p>
Alternative Dish	<p>Crunchy Bean Bake with a Rice side **</p> <p>Beans in a tomato, Mediterranean veg sauce topped with crunchy breadcrumbs</p>	<p>Vegetarian Sausages with Mashed Potato and Gravy</p> <p>A classic Quorn sausage and mash</p>	<p>Vegetable Pastry Slice with Roast Potatoes and Gravy</p> <p>A tasty mix of vegetables wrapped in delicious puff pastry</p>	<p>Mild Sweet Potato Curry with a Rice side **</p> <p>A mild Indian sweet potato and chickpea Tikka Masala</p>	<p>Tomato and Quorn Wrap with Chips</p> <p>A filled soft tortilla wrap folded into the shape of a cone</p>
Halal Dish	<p>Cheese and Tomato Pizza ** with Potato Wedges</p> <p>Simple but classic!</p>	<p>Vegetarian Sausages with Mashed Potato and Gravy</p> <p>A classic Quorn Sausage and Mash</p>	<p>Roast Chicken with Roast Potatoes and Gravy</p> <p>Traditional Roast dinner with Roast Chicken</p>	<p>Beef Bolognese **</p> <p>A classic Italian beef Bolognese</p>	<p>Crispy Fish & Chips</p> <p>Traditional fish and chips dinner</p>
Vegetables	<p>Carrots Peas</p>	<p>Roasted Peppers and Sweetcorn Green Beans</p>	<p>Cabbage Carrot and Swede Mash</p>	<p>Broccoli Mediterranean Vegetables</p>	<p>Peas Baked Beans</p>
Desserts	<p>Creamy Baked Orange and Vanilla Rice Pudding</p>	<p>Oatie Biscuit with Fruit Slices *</p>	<p>Strawberry Frozen Yoghurt</p>	<p>Chocolate and Raspberry Swirl Cake with Custard</p>	<p>Orange Shortbread With Fruit Slices *</p>

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